

## Kimberly Seals Allers

[Kimberly Seals Allers](#) is an award-winning journalist, five-time author, international speaker, strategist, and advocate for maternal & infant health. A former senior editor at ESSENCE and writer at FORTUNE magazine, Kimberly is a leading voice on the racial and socio-cultural complexities of birth, breastfeeding, and motherhood. She is the founder of [lrth](#), a new "Yelp-like" app for Black and brown parents to address bias and racism in maternity and infant care. Kimberly also created [Birthright](#), a podcast about joy and healing in Black birth that centers positive Black birth stories as a tool in the fight for birth justice and reverses the narrative of negative statistics common in mainstream media coverage of Black maternal health.