# Thank You for attending Part 2 of the Health Equity Series!

**POWERED BY:** 

HIGHMARK

**HOSTED BY:** 



Pittsburgh Business Group on Health

## **Maternal Instinct:**

Learn the Maternal Lifesaving Warning Signs Surrounding Hypertension in Pregnancy and Beyond, Along with Understanding Postpartum Depression.

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<u>Perinatal Mental Health</u> - <u>Postpartum Support International</u>

Perinatal Mental Health Discussion Tool-Postpartum Support International

<u>Signs & Symptoms of Preeclampsia -</u> <u>Preeclampsia Foundation</u>

**Blood Pressure: Check. Now. Share.** 

**Urgent Maternal Warning Signs- CDC** 

You know your body best - HEAR Her Concerns (CDC)

<u>Urgent Maternal Warning Signs Quiz - CDC</u>

**Urgent Maternal Warning Signs Quiz - CDC** 

Frequently Asked Questions About

Postpartum Depression & Related Illnesses