THE FLU VACCINE... **IT'S WORTH A SHOT!**



What is the Flu?

Influenza (the flu) is a viral respiratory illness that infects the nose, throat, and lungs. It is extremely contagious, and can cause mild to severe illness



Flu symptoms can last anywhere from 4-7 days. Some symptoms, like cough and fatigue, may continue to linger for weeks



Cost The flu cost employers over 17 billion dollars in 2019 (3)

Absenteeism

On average, the flu will keep an employee away from work for **3.7-5.9** days per episode (1)

Presenteeism

Workers with flu are 20% to 40% more likely to commit simple errors in the workplace. (2)

Prevalence

The flu affects approximately 12.5% of the US population every year (5)

Vaccination is the Best **Prevention!**

Receiving the flu vaccine reduces the risk of infection by at least 60% (5)

The flu causes 200

million days of diminished productivity per year in the United States (4)





Unvaccinated employees take over 2 times more sick days during flu season compared to their vaccinated counterparts (1)



A recent study found that for each vaccinated employee, an employer could save \$345 annually (1)

REFERENCES:

- SHRM
- NJBIA

