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**CONTACT:** Brian Tedeschi  
**Think Communications, Inc.**  
412-638-5981

**ACTOR SEAN ASTIN TO KEYNOTE 2025 PBGH HEALTHCARE & BENEFITS SYMPOSIUM**

*Acclaimed Actor, Director, and Advocate Shares Mental Health Perspective,  
How Employers Can Improve Commitment to Employees*

**PITTSBURGH – January 30, 2025** – Pittsburgh Business Group on Health (PBGH) today announces Sean Astin, acclaimed actor, director, and mental health advocate, as the keynote speaker for its 2025 Healthcare & Benefits Symposium, Thursday, Sept. 18<sup>th</sup>.

The event unites employers across Western Pennsylvania and beyond to focus on driving access, affordability, and quality in healthcare and benefits for their employees.

Astin, who is best known for his iconic roles in *The Lord of the Rings* trilogy, *Rudy*, and *The Goonies*, will share his personal perspective during his keynote address as he shares his family's experience with mental illness, as well as the importance of fostering mental health awareness in the workplace.

With a career spanning more than four decades, Astin has thrilled audiences worldwide with his talent, but his commitment to destigmatizing mental health challenges is equally, if not more, impactful. His perspective about his family's mental health experience can help employers understand the responsibility they have to advocate for and create supportive workplace environments.

The Healthcare & Benefits Symposium is PBGH's premier event, bringing together business leaders, HR professionals, and healthcare innovators to explore actionable strategies for improving employee health outcomes.

In addition to Astin's keynote, the Symposium will feature expert panels, interactive sessions, and networking opportunities designed to equip employers with the tools to address pressing healthcare challenges, such as cost, benefit design, quality and care.

Registration for the 2025 PBGH Healthcare & Benefits Symposium is available at [www.pbghpa.org/symposium-registration](http://www.pbghpa.org/symposium-registration).

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***About the Pittsburgh Business Group on Health***

*Founded in 1981, the Pittsburgh Business Group on Health is the region's only employer-based, non-profit coalition promoting strategic health care and benefits through education, collaboration and innovation among members, and in the community, to deliver value and quality for members and their employees.  
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